

ESDM CHECKLIST (Early Start Denver Model – Autism Intervention)

<p>1. SOCIAL ENGAGEMENT</p> <ul style="list-style-type: none">👁️ Eye contact😊 Shared smile🤝 Turn-taking👦 Responds to name <p>2. JOINT ATTENTION</p> <ul style="list-style-type: none">📌 Points to request👁️ Follows pointing🔄 Looks object ↔ person <p>3. COMMUNICATION</p> <ul style="list-style-type: none">🗣️ Sounds/babbling👐 Gestures💬 Words/requests! Protest appropriately <p>4. IMITATION</p> <ul style="list-style-type: none">🧸 Action imitation👤 Body imitation😊 Facial imitation🗣️ Sound imitation <p>5. PLAY SKILLS</p> <ul style="list-style-type: none">🚗 Functional play🎭 Pretend play🔄 Turn-taking📈 Expanding play <p>6. COGNITION</p> <ul style="list-style-type: none">🧩 Matching🎨 Sorting🧠 Problem-solving📦 Object use	<p>7. MOTOR SKILLS</p> <p>Gross Motor: Walking, jumping</p> <p>Fine Motor: Pointing, stacking, grasp</p> <p>8. BEHAVIOR & REGULATION</p> <ul style="list-style-type: none">🕒 Attention span😡 Tantrum control🔄 Transition tolerance📅 Routine following <p>9. SENSORY PROCESSING</p> <ul style="list-style-type: none">👐 Touch tolerance🗣️ Sound response🧵 Texture acceptance <p>10- GOAL RULE</p> <ul style="list-style-type: none">👉 Work on NEXT LEVEL skills only👉 10–20 goals per 3 months👉 Engagement FIRST, speech later <p>PARENT REMINDER</p> <ul style="list-style-type: none">❤️ Follow the child’s lead❤️ Learn through play.❤️ Practice daily (1–2 hrs)
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ESDM TEACHING LOOP

👁️ Gain Attention → 🤝 Engage → 🎯 Model → 👐 Prompt → ✅ Child Response → Reward 🎉 Reinforce